

## **CLEAR & BRILLIANT**

Dream Spa Medical is proud to offer the unique Clear & Brilliant gentle laser. This is a revolutionary therapy that uses safe fractional laser to fight the effects of aging skin. It is a non-invasive treatment that can provide immediate and progressive results such as improved tone and texture, increased production of collagen and elastin, and a youthful glow.

In 10-20 minutes the standard Clear & Brilliant facial will leave your skin feeling smoother and looking brighter, in as few as 4 months time. It also increases skin permeability, which boosts the benefits of your topical skin care product. This enhances your overall appearance, leaving you with renewed, refreshed and radiant skin.

### **PRE-TREATMENT**

- Do not use self-tanners for prior to your appointment.
- Avoid direct sun exposure & tanning beds prior to your appointment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions *4 days* prior to your appointment.
- Avoid waxing, bleaching or depilatories for *4 days* prior to your appointment.

### **POST-TREATMENT**

- Mild to moderate redness and swelling can be expected. This typically subsides in *3-5 days*.
- Cool compresses can be used to reduce skin temperature.
- Hydrocortisone or an Antihistamine can be used for skin sensitivity.
- Avoid extreme heat such as exercise, hot tubs, saunas & spa treatments for *2 days*.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions for *5 days*.
- Avoid waxing, bleaching or depilatory use for *5 days*.
- Avoid direct sun exposure & tanning beds for *2 weeks*.
- Use a minimum SPF 30 sunscreen.
- Use a gentle cleanse & basic moisturizer for *3-5 days*.
- If a blister develops, treat with basic wound care.

### **PLEASE NOTE**

You will appear sunburned for *2-3 days*. Makeup can be applied the following day to conceal redness, and despite the sandpaper feel of the skin, cosmetics will glide on smoothly and effortlessly. The textural changes will begin to resolve in *3-5 days*, but tone will be radiant and bright. Optimum results are revealed *2 weeks* post treatment.