

DERMAL FILLER

Fillers help to diminish facial lines, and restore volume and fullness. They can be used to:

- plump thin lips
- enhance shallow contours
- rejuvenate eyes
- soften facial creases and wrinkles
- improve the appearance of recessed scars

As we age our faces naturally lose subcutaneous fat. That means the facial muscles are working closer to the skin surface, so smile lines and crows feet become more apparent. The skin also stretches a bit, adding to the loss of volume and contour. Other factors such as hereditary predisposition, lifestyle habits and sun exposure also play a role. Dermal fillers can improve early signs of aging, and play a vital part in facial rejuvenation and correction.

Dream Spa Medical offers:

- Radiesse
- Belotero
- Juvederm XC, Juvederm XC Plus, Juvederm Voluma & Juvederm Volbella*

PRE-TREATMENT

- Women who are pregnant, nursing, or planning to be pregnant should not receive fillers.
- Avoid alcohol & blood thinners (aspirin, ibuprofen, etc) 24-48 hours prior to your treatment.
- Do not take muscle relaxers or sleep aids for 3-5 days prior to your appointment.

POST-TREATMENT

- The treatment area may be tender. This usually subsides in 12-24 hours.
- Firmness in the injection area is normal. The treated area will soften in 1-2 weeks.
- Swelling, bruising, redness & itching are normal. This may take up to 2 weeks to fully resolve.
- Avoid heavy lifting or strenuous activity for 24 hours.
- Avoid direct sun for 24 hours
- Limit alcohol consumption for 24 hours
- Do not scratch or pick at the injection sites.
- Do not schedule chemical peels or facials for 1-2 weeks post treatment.
- Do not schedule laser treatments for 2-4 weeks post treatment.

PLEASE NOTE

Apply cool compresses post treatment to reduce redness and swelling. Arnica gel or supplements can be taken pre & post treatment to manage possible bruising. For a small additional fee, we can also provide the revolutionary OcuMend patch, which prevents bruising for most patients.

*Part of the Brilliant Distinctions Program.