

## **LASER GENESIS**

*Dream Spa Medical* is proud to offer a noninvasive, restorative treatment perfect for even the most sensitive skin types. Laser Genesis is designed to safely and effectively treat fine lines, minimize large pores, reduce acne scarring, and improve the overall tone and texture of the skin. This is particularly beneficial for red, reactive or Rosacea prone patients. It can also help to diffuse Hyperpigmentation and assist in managing dermal pigmentation, such as Melasma.

The therapy involves gently heating the upper dermis, below the skin's surface, to a precise and controlled temperature. This allows for a cellular reaction that stimulates collagen regrowth. Additional heat is generated in dilated capillaries to reduce redness. On average, you may require 4-6 treatments for optimum results. However, this therapy is quite effective as a maintenance or preventative program, making it a suitable substitute for your regular facials.

Laser Genesis can help restore the skins youthful glow, and reduce the signs of aging caused by sun damage and environmental triggers. There is no downtime or increased photo sensitivity with this treatment.

### **PRE-TREATMENT**

- Do not use self-tanners for *2 weeks* prior to your appointment.
- Avoid sun exposure & tanning beds *4 days* prior to your appointment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions *4 days* prior to your appointment.
- Please inform us of any tattoos or permanent makeup in the treatment area.
- MEN*: Please shave the day of your appointment.

### **POST-TREATMENT**

- Mild redness and swelling can be expected. This typically subsides in *2-24 hours*.
- Cool compresses can be used for discomfort.
- Hydrocortisone or an Antihistamine can be used for skin sensitivity.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions *3 days*.
- Avoid sun exposure & tanning beds for *3 days*.
- Use a minimum SPF 30 sunscreen when sun exposure is unavoidable.
- If a blister or crusting develops, treat with basic wound care.

### **PLEASE NOTE**

In some instances, this treatment could result in reduced hair growth. This should be considered prior to treating areas (such as a beard or sideburns) where reduced growth would be undesirable. In addition, pigmented areas may appear darker after the treatment. This typically subsides within 24 hours.