



## **Lash Lift Pre & Post Instructions**

### **Prior to Treatment:**

- Please come to appointment makeup free
- Contacts must be removed before treatment

### **After Care Instructions:**

- Do not get your lashes wet for the first 24 hours.
- Swimming should be avoided for at least 24 hours.
- No other facial beauty treatments for 24 hours.
- Use of Sauna/Steam is possible after 24 hours but may weaken the effect of the lash lift.
- No eye make up for 24 hours.
- Do not use harsh products on your eyes/lashes.
- Be gentle with your lashes; no rubbing and pat gently to dry.
- Avoid waterproof mascara due to the excessive rubbing required to remove.
- Do not use eyelash curlers. (You shouldn't need to.)